

Long Meadow Farms



2024 Parent's Meeting

Parent Info Meeting

Welcome Back

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Practices / Meet Schedule

Volunteering - Training Requirements

Uniforms, STARS gear and Picture Days

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Sponsors

Season Expectations

VOTE for our HOA Board!!



Introductions – Welcome!

Board of Directors – Davey Gibson, Dawn Williford, Katie Hotzel, Nikki Holster, Aaron Fry, Jordan Gibson, Travis Gann

Contact: longmeadowfarmsstars@gmail.com

Head Coach - Rose Ciaralli

- <https://lmfstars.swimtopia.com/coachs-desk>

Assistant Coaches

- Niya Holster, Assistant HC
- Brooke Baker
- Brady Slikker
- Malea Tremaine

Coaches-in-Training (CIT)

- Will Gibson
- Addie Williford
- Elise Williford
- Cade Nilsson
- Tyler White



Practice Schedule

<https://lmfstars.swimtopia.com/meet-schedule-and-directions>

April 22– May 23 (Monday- Friday)

4:00PM - 4:30PM - 7 & 8

4:40PM - 5:10PM - 9 & 10

5:15PM – 6:00PM - 11 & 12

6:05PM - 6:35PM - 6 & Under

6:40PM - 7:40PM - 13 & Up

May 24 - End of Season* (Monday - Friday)

7:00AM - 7:45AM - 13 & Up

7:45AM - 8:15AM - 6 & Under

8:15AM - 8:45AM - 7 & 8

8:45AM - 9:15AM - 9 & 10

9:15AM - 10:00AM - 11 & 12

Time Trials/Swim Across the Pool Day - May 20th

Note: Practices on the day of a meet will be light and may not run the full time allotted. Coach will communicate changes to practice times. There will be no practice the morning following a meet.



Meet Schedule

<https://lmfstars.swimtopia.com/meet-schedule-and-directions>

- Monday, May 20 -Time Trials/Swim Across the Pool Day
Team Pictures and Individual Pictures are May 22
- Friday, May 31 – LMF STARS @ Firethorne Firefish (Away) 6:00pm
- Monday, June 3 – LMF STARS vs. Cross Creek Krakans (Home) 6:00pm
- Monday, June 10 – LMF STARS vs. Greatwood Gators (Home) 6:00pm
- Monday, June 17 – LMF STARS @ Pine Mill Ranch Rays (Away) 6:00pm
- Saturday, June 22 – Meet of Champs – Jordan HS Natatorium, 12pm
- Monday, June 24 (tentative) – End of Year Party @ LMF Pool
- Friday, June 28 – All-Stars Meet – Jordan HS Natatorium, 5pm

Note: Per WHALe rules swimmers are NOT allowed to wear tech swimsuits at Meet of Champs or All-Stars Meet



Volunteering Requirements

<https://lmfstars.swimtopia.com/stars-volunteer-requirement>

- Be flexible and ready to help!
- We need everyone's help at every meet
- Additional help will be needed throughout season and communicated as needed
- **All volunteers** must complete Athlete Protection Training (see LMF STARS website)
- **All volunteers** must complete APT BEFORE their child can come to FIRST practice
- Jobs will be made available to sign up at **9:00AM CST Saturday, May 4**

Current Volunteer Chair Needs: (All volunteer requirements met!)

- Need 1 Additional Tent Parent Chair



WHALe Training

<https://lmfstars.swimtopia.com/stars-volunteer-requirement>

Console Operator Training

- Train and Certify to run timing and meet maestro systems
- Annual Certification
- In-Person Training

Stroke / Turn Judge Training

- Identify Stroke, Touch, and Turn Infractions
- Annual Certification
- Online Training

Starter / Referee Official Training

- Run and Officiate the Meet
- Annual Certification



STARS Suit for 2024 – order from D&J Sports



Uniforms, STARS gear and Photos

Swimsuits

<https://djsports.com/katy>

- Fittings will be done at D&J Sports at your convenience – have suits by May 20
 - 617 South Mason Rd, Katy, TX 77450 (Check store hours)

Kick Boards

- Available from Amazon, swimoutlet.com, D&J Sports

STARS Gear

- <https://lmfstars.swimtopia.com/shop>

Pictures

- Team Pictures – Wear Team Suit
 - May 22 at 5:00pm
- Individual Pictures – Wear Team Suit
 - May 22 from 4:00 - 6:30



2024 Food Trucks





**LONG MEADOW FARMS SWIM CLUB 2024
RICHMOND, TEXAS
THANK YOU TO OUR SPONSORS**



PLATINUM

2023 FAMILY SPONSORS

LANCE AND TARA SMITH

SILVER

TORTORELLA FAMILY

GOLD

WILLIFORD FAMILY

FIRST COLONY SWIM TEAM

CAMPBELL FAMILY

THE JONES FAMILY

THE SASSEN FAMILY

Expectations for the Season

Parent Handbook - Digital copy located on:

<https://www.lmfstars.com/club-documents>

Athletes

- Good sportsmanship
- Respect coaching staff and volunteers
- Respecting rights and dignity of others

Parents

- Model good sportsmanship to our athletes
- Respect and follow instructions of Coaches, Officials, and Volunteers
- Bring questions and problems to Coach or BOD members
- Keep it in the family



Expectations Cont.

Everyone:

- Let Coach be Coach
- Rope lines - they are there for a reason
- Keep Coach informed of absences, especially swim meets
- ***Have Fun!!! This is one of the many reasons our neighborhood is so great!!***

Please make sure you VOTE in LMF HOA Board Elections!!!

